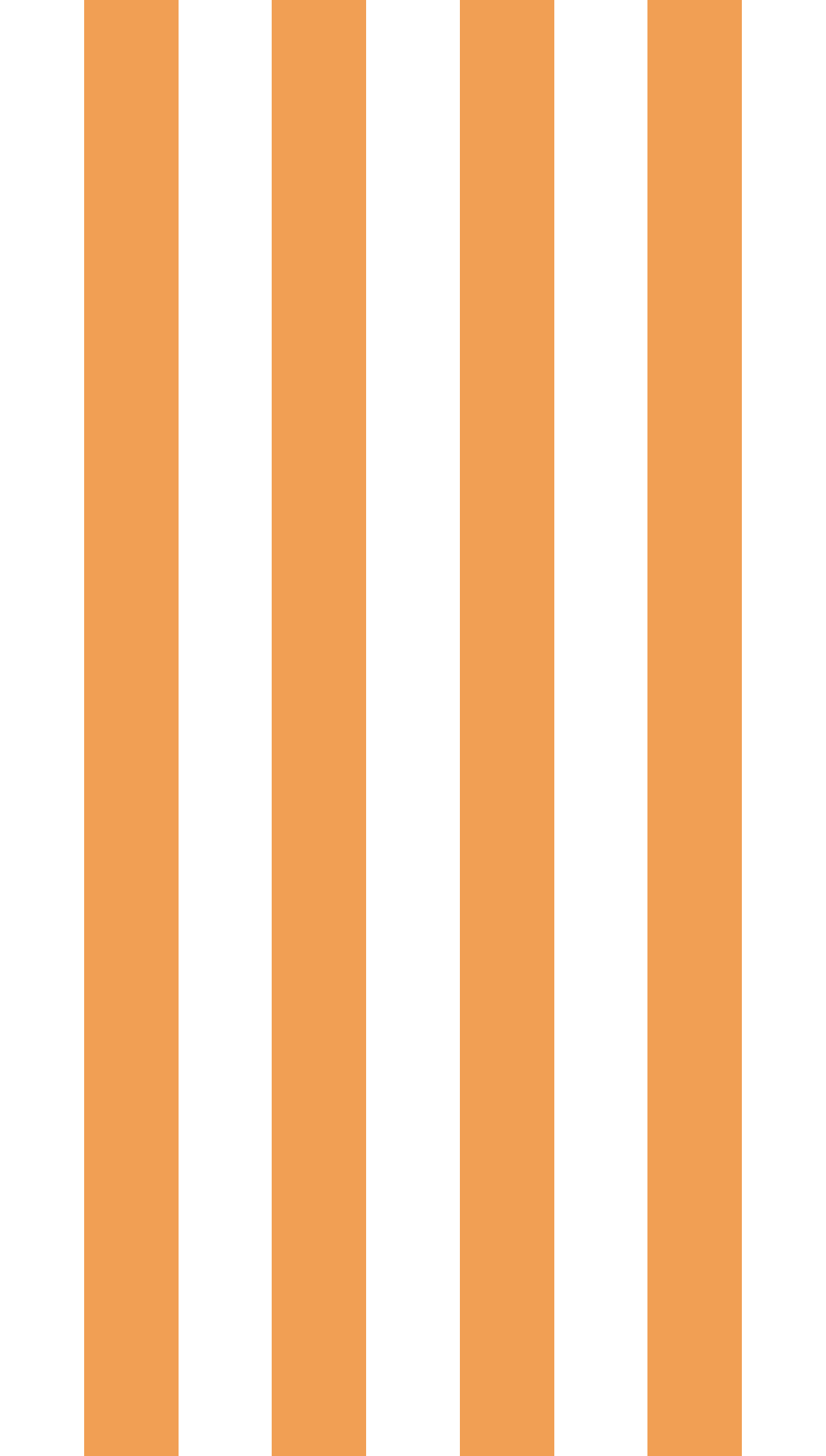


LE PALMS

P O O L

S I N C E 2 0 1 7



COMIDA FOOD

ENTRADAS | STARTERS

- AL-GHARB INHERITANCE 🌾🌿🌱

€ 15,00

Hummus, tahini, grão-de-bico crocante,
legumes, pão pita

Tahini, hummus, crispy chickpeas,
crudités, pita bread
- CHICKEN WINGS 🌿🍗

€ 15,00

Asas de frango crocantes,
com geleia de malagueta

Crispy chicken wings, sweet chilly sauce
- LE PALMS GUACAMOLE 🌿🥑🌱

€ 15,00

Pico de gallo, coentros, tortilhas de milho

Pico de gallo salsa, coriander, corn tortilhas

CRISPY & TASTY | ESTALADIÇAS & SABOROSAS

- Batatas doces fritas e molho de alho 🌾🥔🥕

€ 12,00

Sweet potato fries and garlic dip
- Batatas fritas e molho de alho 🌿🥔🥕

€ 9,00

French fries and garlic dip
- Batatas fritas com dip de trufa e alho 🌿🥔🥕

€ 12,00

French fries with truffle and garlic dip

SALADAS | SALADS

- CÉSAR DE FRANGO | THE CHICKEN CAESAR 🌿🥔🥕🥑🥗

€ 19,00

Alface romana, peito de frango, croutons,
lascas de parmesão e molho César

Romaine lettuce, chicken breast, croutons,
Parmesan cheese and Caesar dressing
- SALADA DE VERÃO | SUMMER SALAD 🥑🥕🌱

€ 14,00

Quinoa, mirtilos, folhas de espinafre, tomate cherry,
amêndoas torradas, molho de sementes de chia

Quinoa, blueberries, spinach leaves, cherry tomatoes,
toasted almonds, chia seed dressing
- SALADA TROPICAL | TROPICAL SALAD 🥔🥕🥑

€ 15,00

Alface romana, manga, abacaxi, morango, abacate,
tomate cherry, molho cocktail

Romaine lettuce, mango, pineapple, strawberry, avocado,
cherry tomatoes, cocktail sauce
- BURRATA FRESH | FRESH BURRATA 🥕🥑🥕

€ 19,00

Burrata de Búfala, tomate, rúcula, uvas,
azeite de manjeriço, vinagrete de limão

Buffalo burrata, vine tomatoes, grapes, arugula,
basil oil, lemon vinaigrette
- Adicione proteína à sua salada | Add protein to your salad:

frango chicken € 5 | camarão shrimp € 7 🦐

salmão fumado smoked salmon € 7 🐟 | tofu € 5 🍲

COMIDA FOOD

TACOS

Servido com batatas fritas | Served with French fries ✓
Molhos, pico de gallo e natas azedas | Dips, pico de gallo, sour cream 🥛

CHICKEN TACO 🌾🥚🌮 € 18,00
Frango Adobo, maionese chipotle,
couve, coentros
Chicken Adobo, chipotle mayonnaise,
cabage, coriander

SHIRIMP TACO 🌾🦐🥚🌮 € 21,00
Camarões salteados, maionese chipotle,
couve, coentros
Salted shrimp, chipotle mayonnaise,
cabage, coriander

SANDUÍCHES | SANDWICHES

Servido com batatas fritas | Served with French fries ✓

PALMS BURGER 🌾🥚🥛 € 25,00
HAMBÚRGUER DE CARNE DE VACA | BEEF BURGER
Hambúrguer de novilho, alface,
tomate, queijo, pão brioche
Beef burger, lettuce, tomato,
cheese, brioche bun

HAMBÚRGUER VEGAN À BASE DE PLANTAS 🌱🌿✓ € 22,00
PLANT-BASED BURGER
Alface, tomate, compota de cebola, molho BBQ,
pão de hambúrguer vegano
lettuce, tomato, onion compote, BBQ sauce,
vegan burger bun, plant base burger

ATUM | TUNA 🌾🥚🐟 € 19,00
Atum conserva do Algarve, maionese, alface,
tomate, picle de pepino, pão chapata
Algarve preserved tuna, mayonnaise, lettuce, tomato,
pickled cucumber, chapata bread

FRANGO | CHICKEN 🌾🥚 € 18,00
Peito de frango do campo, maionese de alho fermentado,
alface, tomate, ovo, pão rústico
Free-range chicken breast, fermented garlic mayonnaise,
lettuce, tomato, egg, rustic bread

TOSTA MISTA | HAM & CHEESE TOAST 🌾🥛🐷 € 17,00
Fiambre da perna, queijo flamengo,
pão algarvio, manteiga
Pork leg ham, Flemish cheese,
regional bread, butter

PIZZA

MARGHERITA 🌾🥛🍄 € 22,00
Tomato sauce, mozzarella, oregano
Molho de tomate, mozzarella, orégãos

PROSCIUTTO & FUNGHI 🌾🥛🍄🐷 € 24,00
Mushrooms, pork ham, mozzarella, olives, oregano
Cogumelos, fiambre, mozzarella, azeitonas, orégãos

COMIDA FOOD

SOBREMESAS | DESSERTS

BOLAS DE GELADOS ICE CREAM SCOOP	  	€ 4,50
FRUTA LAMINADA SLICED FRESH FRUIT		€ 8,00
CHEESECAKE DE BAUNILHA COZIDO COM COMPOTA DE FRUTOS VERMELHOS	   	€ 9,00
BAKED VANILLA CHEESE CAKE WITH BERRIES COMPOTE		
MOUSSE DE NUTELLA NUTELLA MOUSSE	   	€ 7,00

ALERGÉNIOS | ALLERGENS

Se necessitar de informações adicionais sobre alergénios alimentares, por favor informe-nos.
Kindly let us know should you need any additional information about food allergens.

 Álcool Alcohol	 Glúten Gluten	 Amendoins Peanuts	 Dioxina de enxofre Sulphur dioxin
 Aipo Celery	 Leite Milk	 Porco Pork	 Vegans
 Crustáceos Crustaceans	 Moluscos Molluscs	 Rebentos de soja Soybeans	 Vegetarianos Vegetarians
 Ovos Eggs	 Mostarda Mustard	 Picante Spicy	
 Peixe Fish	 Frutos secos Nuts	 Sementes de sésamo Sesame seeds	

 Local

Prices in Euros. VAT included at legal rates applied. All our fish and seafood are sustainably caught. There is a risk of foodborne illness from consuming undercooked beef burgers. No plate, food or beverage can be charged if not requested by the customer or is rendered unusable by the customer. Complaint book available. Please note that a 10% optional service gratification will be added to your final check.
Preços em Euros. IVA incluído à taxa legal em vigor. Todos os nossos peixes e frutos do mar são capturados de forma sustentável. Existe o risco de transmissão de doenças ao consumir hambúrgueres de carne mal passada. Nenhum prato, produto alimentar ou bebida pode ser cobrado se não for solicitado pelo cliente ou por este for inutilizado. Neste estabelecimento existe livro de reclamações. Informamos que será adicionada uma gratificação opcional de 10% à sua conta final.

BEBIDAS DRINKS

DETOX

MIGHTY GREEN Abacate, maçã, pera, kiwi, hortelã Avocado, apple, pear, kiwi, mint	€ 11,00
MAD BERRIES Framboesa, morango, amora Raspberry, strawberry, blackberry	€ 11,00
BEET & BLEND Beterraba, framboesa, banana Beetroot, raspberry, banana	€ 11,00
TROPICAL DELIGHT Pêssego, maracujá, manga Peach, passion fruit, mango	€ 11,00

SUMOS E REFRIGERANTES JUICES AND SOFT DRINKS

SUMOS NATURAIS FRESH JUICES Laranja Orange Ananás Pineapple	€ 7,50
SUMOS JUICES	€ 5,50
REFRIGERANTES SOFT DRINKS 330ml	€ 5,50
REFRIGERANTES PREMIUM PREMIUM SOFT DRINKS Fever Tree Mediterranean Tonic, Fever Tree Indian Tonic, Fever Tree Naturally Light Tonic, Fever Tree Ginger Beer	€ 6,50
RED BULL	€ 7,50

ÁGUAS | WATERS

SEM GÁS STILL Earth 50 cl Earth 1 l	€ 4,00 € 6,00
COM GÁS SPARKLING No Plastic Water 33 cl	€4,00

CAFETARIA | COFFEE AND TEA

 Os nossos cafés e chás possuem certificado de sustentabilidade.
All our coffee and tea is sustainably sourced.

ESPRESSO ESPRESSO	€ 3,50
ESPRESSO DUPLO DOUBLE ESPRESSO	€ 5,00
AMERICANO	€ 4,50
LATTE MACCHIATO	€ 5,50
CAPPUCCINO	€ 5,50
CAFÉ COM GELO ICED COFFEE	€ 6,50
CHÁ TEA	€ 6,50

COCKTAILS

CLÁSSICOS DE VERÃO | SUMMER CLASSICS

DAIQUIRI

€ 16,00

Rum Havana Club 3, sumo de lima, xarope de açúcar ou puré de fruta

Havana Club 3 rum, fresh lime juice, sugar syrup or fruit purée

Opções: clássico/morango/framboesa/maracujá

Choices: classic/strawberry/raspberry/passion fruit

MARGARITA

€ 16,00

Tequila José Cuervo, licor de laranja, sumo de lima

José Cuervo tequila, orange liqueur, fresh lime juice

MOJITO

€ 16,00

Rum Havana Club 3, lima, soda, xarope de açúcar ou puré de fruta, hortelã

Havana Club 3 rum, lime, soda, sugar syrup or fruit purée, mint

Opções: clássico/morango/framboesa/maracujá

Choices: classic/strawberry/raspberry/passion fruit

NEGRONI SBAGLIATO

€ 16,00

Campari, vermute tinto doce, Prosecco

Campari, sweet red vermouth, Prosecco

ESPRESSO MARTINI

€ 16,00

Vodka Absolut Blue, licor de café, café espresso, xarope de açúcar

Absolut Blue vodka, coffee liqueur, espresso, sugar syrup

APEROL SPRITZ

€ 16,00

Aperol, Prosecco, soda

LONG ISLAND ICED TEA

€ 16,00

Gin Beefeater, vodka Absolut, rum Havana Club 3, tequila Olmeca, licor de laranja, sumo de lima, xarope de açúcar, Coca-Cola

Beefeater gin, Absolut vodka, Havana Club 3 rum, Olmeca tequila, orange liqueur, fresh lime juice, sugar syrup, Coca-Cola

PORN STAR MARTINI

€ 17,00

Vodka Absolut Vanilla, licor Passoã, xarope de baunilha, sumo de lima, espumante, maracujá

Absolut Vanilla vodka, Passoã liqueur, vanilla syrup, fresh lime juice, sparkling wine, passion fruit

COCKTAILS DE ASSINATURA SIGNATURE COCKTAILS

CARLOS DE LA PALMA

€ 17,00

Gin Beefeater 24, Amaretto, sumo de maçã, puré de maracujá açucarado, sumo de lima, clara de ovo

Beefeater 24 gin, Amaretto, apple juice, sweetened passion fruit purée, fresh lime juice, egg white

MANGNESS

€ 17,00

Rum Havana 3, rum Havana 7, puré de manga, sumo de manga, sumo de lima

Havana Club 3 & Havana Club 7 rum, mango purée, mango juice, fresh lime juice

BLUSH

€ 17,00

Vodka Absolut Raspberry, licor cherry brandy, sumo de lima, puré de framboesa, clara de ovo

Absolut Raspberry vodka, cherry brandy liqueur, fresh lime juice, raspberry purée, egg white

COCKTAILS

SANGRIA	COPO GLASS	JARRO JUG
BRANCA, TINTA OU ROSÉ WHITE, RED OR ROSÉ	€ 14,00	€ 32,00
ESPUMANTE SPARKLING WINE	€ 19,00	€ 42,00
CHAMPAGNE		€ 62,00

MOCKTAILS

BERRY SMASH	€ 11,00
Frutos vermelhos, sumo de arando, maçã e lima, puré de fruta Fresh berries, cranberry, apple and fresh lime juice, fruit purée	
PALMER	€ 11,00
Chá TWG English Breakfast Tea gelado, sumo de lima, xarope de açúcar Iced TWG English Breakfast Tea, fresh lime juice, sugar syrup	

CERVEJAS BEERS

PRESSÃO | DRAUGHT

Pequena 30 cl	€ 5,00
Small 30 cl	
Grande 40 cl	€ 6,00
Large 40 cl	

GARRAFA | BOTTLE

Super Bock	€ 6,00
Super Bock Zero	€ 6,00
Super Bock Stout	€ 6,00
Corona	€ 7,50
Heineken	€ 7,50

SIDRA | CIDER

SOMERSBY	€ 7,50
MAGNERS	€ 9,50

VINHOS WINES

CHAMPAGNE & ESPUMANTE CHAMPAGNE & SPARKLING WINE

COPO
GLASS

GARRAFA
BOTTLE

MUMM CORDON ROUGE BRUT
Champagne

€ 18,00

€ 90,00

MUMM ROSÉ BRUT
Champagne

€ 105,00

QMF BRUTO ROSÉ
Touriga Nacional, Baga | Bairrada, Portugal

€ 10,00

€ 35,00

QUINTA DO ORTIGÃO BRUTO
Baga, Arinto, Bical | Bairrada, Portugal

€ 11,00

€ 38,00

VINHOS BRANCOS WHITE WINES

MOSAICO
Sauvignon Blanc | Algarve, Portugal
Leve, fresco, frutado | Light, fresh, fruity

€ 7,00

€ 26,00

QUINTA D'AMARES
Alvarinho | Vinhos Verdes, Portugal
Mineral, elegante, complexo
Mineral, elegant, complex

€ 35,00

BARRANCO LONGO GRANDE ESCOLHA
Arinto, Encruzado | Algarve, Portugal
Equilibrado, fresco, macio
Balanced, fresh, soft

€ 37,00

CHOCAPALHA CHARDONNAY
Lisboa, Portugal
Aromático, fresco, mineral
Aromatic, fresh, mineral

€ 10,00

€ 42,00

SAINT CLAIR VICAR'S CHOICE
Sauvignon Blanc | Marlborough, New Zealand
Seco, fresco, tropical
Crisp, fresh, tropical

€ 11,00

€ 47,00

VINHOS ROSÉ
ROSÉ WINE

COPO
GLASS

GARRAFA
BOTTLE

MOSAICO
Syrah, Touriga Nacional | Algarve, Portugal
Leve, fresco, seco
Light, fresh, dry

€ 7,00

€ 26,00

BARRANCO LONGO "BLUSH"
Touriga Nacional | Algarve, Portugal
Elegante, fresco, seco
Elegant, fresh, dry

€ 9,00

€ 35,00

UP ULTIMATE GRENACHE
Syrah, Cinsaut | Provence, France
Complexo, elegante, especiarias
Complex, elegant, notes of spices

€ 12,00

€ 56,00

VINHOS TINTOS
RED WINE

MOSAICO CABERNET SAUVIGNON
Algarve, Portugal
Encorpado, frutado
Full-bodied, fruity

€ 7,00

€ 26,00

SAINT CLAIR "VICAR'S CHOICE"
Pinot Noir | Marlborough, New Zealand
Elegante, frutos do bosque
Elegant, notes of wild berries

€ 11,00

€ 47,00

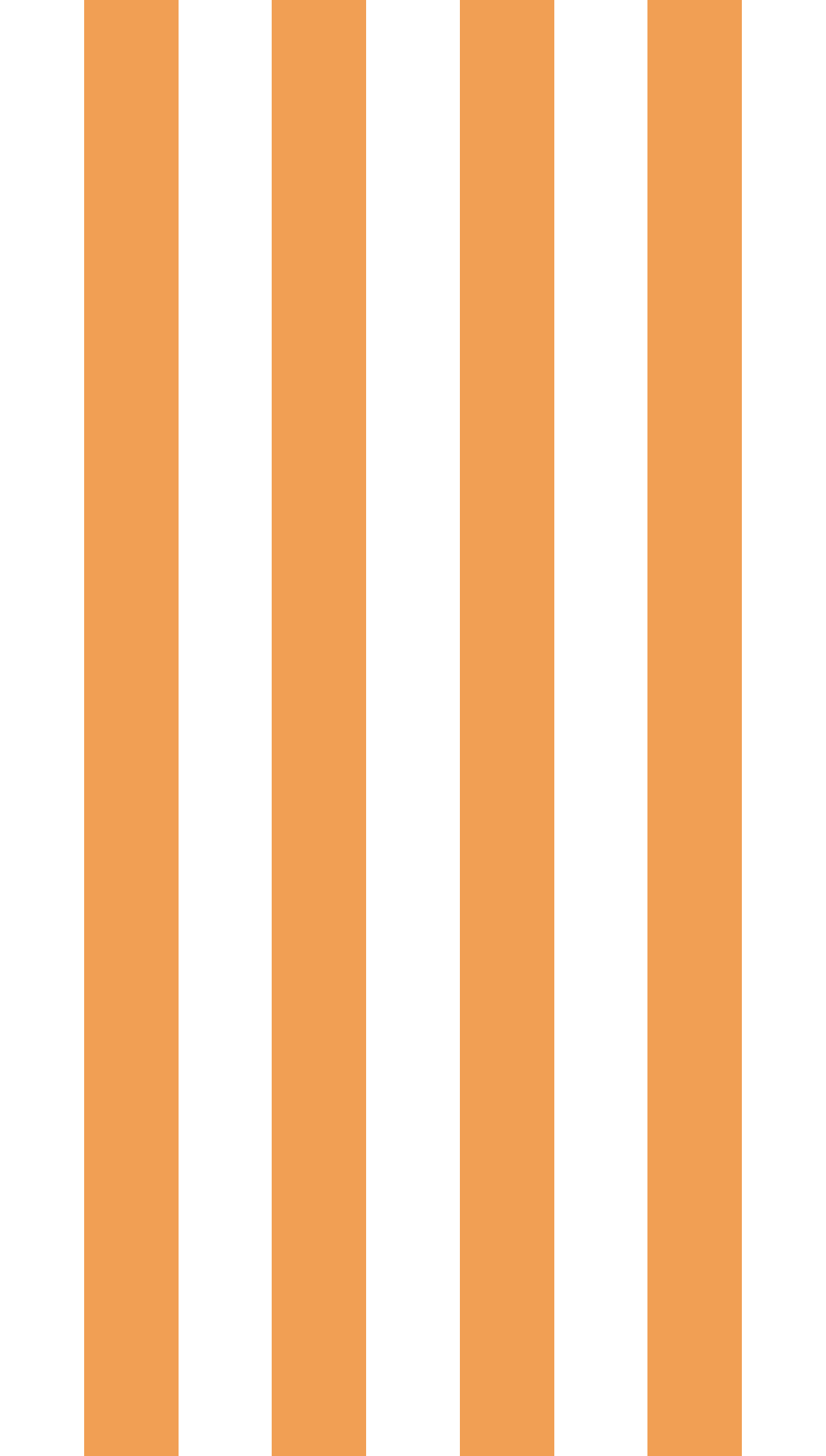
VINHOS DE SOBREMESA
DESSERT WINE

CROFT PINK PORT
Servido frio ou com gelo
Served chilled or on the rocks

€ 8,00

CROFT PINK PORT TONIC
Croft Pink, água tônica, raspa de limão,
folhas de hortelã, gelo
Croft Pink, tonic water, lemon zest,
mint leaves, ice

€ 11,00



LE PALMS

P O O L

S I N C E 2 0 1 7